



# March 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
Gentle exercise Daffodil crafts St David's Day	Vaccination morning Tasty Tuesday	Wednesday walks	Morning Quiz Favourite poems	Armchair exercise Individual time	Puzzle morning Milk shake trolley	
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
Gentle exercise Alphabet challenge	Nail care and pamper Parachute games	Wednesday walks	Morning Quiz Exploring the internet	Armchair exercise Reminiscing the good old days	Flower posies for Mothers Day Individual time	
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
Gentle exercise FORUM Exploring our village	Dominos & card games Tasty Tuesday	Armchair travel to Ireland St Patrick's Day	Morning Quiz Duck Race	Armchair exercise Crosswords	Individual time Touring Tuck Shop	
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
Gentle exercise Leaf printing	Nail care & polish Glass painting 6pm The Secret Spitfire show	Wednesday walks	Morning Quiz Tea & conversation	Armchair exercise Easter decorations	Individual time Afternoon Bingo	
<b>29</b>	<b>30</b>	<b>31</b>				
Gentle exercise Exploring our village	Hang man Tasty Tuesday	What the papers say				