

\* Volunteers needed

June 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
	AM – Puzzles  PM – Nail care & pamper	3pm Church Service	AM – Nature Quiz with Wendy  PM – Favourite Poems	AM – Armchair exercise  PM – What the papers say	AM – One to One  PM – Tuck shop	
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
AM – Gentle exercise  PM – One to One /film	AM – Crosswords  PM – Tasty Tuesday	PM – * Pub lunch – (book your seat with Wendy)	AM – Quiz with Jane PM – Exploring the internet	AM – Armchair exercise PM – Board games	AM – One to One PM- Afternoon tea on the patio	
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
AM – Gentle exercise  PM – One to One /film	AM – Alphabet challenge PM – Nature still life sketching	3pm Church Service	AM – Quiz with Jane PM – Painting easy trees	AM – Armchair exercise PM - Pimms on the patio	AM – One to One PM – Desert Island Discs	Fathers day
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
AM – Gentle exercise Residents Forum PM – One to One/film	AM – Crafty crafts PM – Tasty Tuesday	PM – Feel & hear nature	AM – Quiz with Jane PM - Singing	AM – Armchair exercise PM – What the papers say!	AM – Nature crossword PM – One to one	
<b>28</b>	<b>29</b>	<b>30</b>				
AM – Gentle exercise  PM – One to One/ film	AM – Scrabble  2.30 PM * Coffee shop trip to the village	PM – Wildlife webcams				