

October 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
				AM - Harvest crafts 3pm Friday feast trolley	3pm Bingo	
4	5	6	7	8	9	10
Am – One to One 3pm Gentle exercise	AM - Ollie the dog 3pm Skittles	AM - Nailcare & pamper 3pm Church service	AM - One to One time 3pm - Quiz	AM - Gentle exercise 3pm Tea & conversation	3pm - Ice cream sundaes	
11	12	13	14	15	16	17
AM – One to One 3pm – Gentle exercise	AM - Ipad games 3pm Cupcake decorating	AM - Puzzles 3pm – Alphabet challenge	Pub lunch 3pm – Quiz	Gentle exercise 2.30 Residents forum 3pm – Around the world in 80 minutes	3pm – Milk shake trolley	
18	19	20	21	22	23	24
AM - One to One 3pm – Gentle exercise	AM – Ollie the dog 3pm – Art workshop	AM – Nailcare & pamper 3pm Church service	AM – Scrabble 2.30 Donna singing	AM – One to One PM – Favourite poems	3pm – Singing with Jane	
25	26	27	28	29	30	31
AM – One to One 3pm – Gentle exercise	AM – Ker plunk 3pm – Parachute games	AM – Games 3pm – Tuck shop trolley	AM – One to One 3pm – Quiz	AM – Reminiscing with coffee 3pm – Exploring the Internet	3pm - TBC	