


* Volunteers needed

October 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30	31					1
10.30 Art 11.30 Gentle exercise 2.00 Boggle 3.00 Music time	10.30 Ollie the dog 2.00 Picture quiz 3.00 Creative writing					
2	3	4	5	6	7	8
10.30 Card games 11.30 Gentle exercise 2.00 Board games 3.00 Village walks	10.30 Ollie the dog 2.00 Dominos 3.00 Sing a long	10.30 Words in a word 11.30 Balloon tennis 2.00 Crafts 3.00 Church service	10.30 Autumn thoughts 11.30 Quiz 2.00 Hand pamper 3.00 Meet the staff member	10.30 Baking club 11.30 Gentle exercise 2.00 Reminiscing 3.00 Movie time	2.30 Bingo	
9	10	11	12	13	14	15
10.30 iPad games 11.30 Gentle exercise 2.00 Hangman 3.00 Arts & crafts	10.30 Word games 11.30 Skittles 2.00 Crosswords Nursery visit	10.30 Nursery visit 11.30 Alphabet challenge 2.00 Art 3.00 Armchair travel	10.30 Card making 11.30 Quiz 2.00 Knitting club ** 3.00 Hand pamper	10.30 Exploring the internet 11.30 Gentle exercise 2.00 Boggle 3.00 Art	2.30 Interactive quiz	
16	17	18	19	20	21	22
10.30 Jigsaws 11.30 Gentle exercise 2.00 Art 3.00 Village café**	10.30 Ollie the dog 2.00 Photo club 3.00 Play your cards right	10.30 Photo show 11.30 Poetry 2.00 Hand pamper 3.00 Church service	10.30 Games 11.30 Quiz 2.00 Art 3.00 Songs from Musicals	11.00 Dinky pony visit 2.00 Art gallery 3.00 Words in a word	2.30 Tuck shop	
23	24	25	26	27	28	29
10.30 Card games 11.30 Gentle exercise 2.00 Poetry with Debbie 3.00 Board games	10.30 Scrabble 11.30 Pilates 2.30 Donna & community tea	10.30 Card making 11.30 Boggle 2.30 Flower demonstration with Angela	10.30 Jigsaws 11.30 Quiz 2.30 Ukulele band entertain us	10.30 Baking club 11.30 Gentle exercise 2.00 Halloween crafts	2.30 Mocktail tasting	