


November 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
* *- Volunteers needed				1	2	3
				11am Exercise 2.30 News review	2.30 Games	
4	5	6	7	8	9	10
11.15 Gentle exercise 2.30 Poppy display	11am Nursery visit (crafts) 2.30 Baking	11am Crosswords 3.30 Communion 6.30 Firework evening	11.15 Countdown 2.30 Making Sloe Gin	11am Gentle exercise 1.45 Pebble painting with St. Michaels	3.30 Ballet dancers	10.15 Remembrance parade **
11	12	13	14	15	16	17
11.15 Gentle exercise 2.30 Craft workshop	11am Alphabet challenge 2.30 Nail pamper	11am Individual time 12.00 Pub lunch** 7pm Bingo	11.15 Quiz 3pm Ethel 100 th  Tea Party	11am Gentle exercise 2.30 News review	2.30 Afternoon at the movies	
18	19	20	21	22	23	24
11.15 Gentle exercise 12.15 Forum 2.30 Slate painting	10am Gents Steam museum visit **	11am Nursery visit 3.30 Communion 7pm Quiz night	11.15 Countdown 2.00 Massage in the rooms 2.30 Favourite poems	11am Exercise 1.45 Tree of Friendship with St. Michaels	2.30 Christmas pudding making	
25	26	27	28	29	30	
11.15 Gentle exercise 2.30 Strumpets	11am Baking 2.30 Flower arranging 6.15 Brownies entertain us	11am Individual time 7pm Race night	11.15 Quiz 2.30 Hand sculptures ** 6:30 Residents' Relatives' Meeting	11am Exercise 2.30 Christmas cake baking	2.30 Royal family quiz afternoon with Charlotte & friends	

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