



November 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5	6	7
One to One 3pm Gentle exercise	10 – 12:30 Ollie the Dog Visit 3pm Skittles	11:30 Nail Care & Pamper 3pm Church Service	One to One 3pm Quiz	11:30 Music & Movement 3pm Friday Feast Trolley	3pm One to One	
8	9	10	11	12	13	14
One to One 3pm Gentle exercise	11:00 Games 3pm iPad Games	11:30 Puzzles 3pm Alphabet Challenge	11:30 Reminiscing 3pm Quiz	11:30 Music & Movement 3pm Virtual Cruise	3pm Brian Slade – Music/ Memories	
15	16	17	18	19	20	21
One to One 3pm Gentle exercise	10 – 12:30 Ollie the Dog Visit 3pm Crosswords	11:30 Kerplunk 3pm Church Service	One to One 3pm Quiz	11:30 Music & Movement 2.30 Residents forum 3pm Favourite Poems	3pm Bingo	
22	23	24	25	26	27	28
One to One 3pm Gentle exercise	11:30 Coffee and chat 3pm Exploring the Internet	11:30 Scrabble 3pm Singing	11:30 Nail Care & Pamper 3pm Quiz	11:30 Music & Movement 3pm Tuck Shop Trolley	3pm Christmas Cake Making	
29	30					
One to One 3pm Gentle exercise	10 – 12:30 Ollie the Dog Visit 3pm Games					