

All activities are subject to change

March 2023

**Volunteers needed please

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2	3	4	5
		11.30 Words in a word 3pm Church	11.30 Quiz 2.30 Hand & nail pamper	11.30 Music & movement 2pm School children	2.30 Bingo **	
6	7	8	9	10	11	12
11.30 Gentle exercise 2.30 Crosswords	Ollie the dog 2.30 Exploring the internet	10.30 minibus trip for coffee ** 2.30 Jigsaws	11.30 Quiz 2.30 Interactive games	11.30 Music & movement 2pm School children	2.30 Drinks trolley	
13	14	15	16	17	18	19
11.30 Gentle exercise 2pm Music therapy	11.30 Interactive games 2.30 Cryptic quiz	11.30 Card making 3pm Church	11.30 Quiz 2.30 Balloon tennis	11.30 Music & movement 2pm School children	2.30 Horse racing at ANH **	
20	21	22	23	24	25	26
11.30 Gentle exercise 2.30 Card making	11.30 Parachute games 2.30 Accordion singers	11.30 Boggle 2.30 Cup cake decorating	11.30 Quiz 2.30 Hand & nail pamper	11.30 Music & movement RESIDENT FORUM 2pm School children		
27	28	29	30	31		
11.30 Gentle exercise 2.30 Virtual cruise	11.30 Duck race 2.30 Poetry recitals	11.30 Alphabet challenge 2.30 Gardening	11.30 Quiz 2.30 Reminiscing	11.30 Music & movement 2.30 Singing		