

All activities are subject to change.

February 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2	3	4	5	6
	AM – Ollie the dog visits PM – Chinese New Year activity	AM – One to One time PM – Church service	AM – Morning quiz PM – Puzzle time	AM – Seated exercise PM – Friday feast trolley	PM Alphabet challenge	
7	8	9	10	11	12	13
AM – One to one time PM – Gentle exercise	AM – Games PM – Exploring the Internet	AM – Nail & hand pamper PM - Crosswords	AM – Morning quiz PM – Flower arranging	AM – Seated exercise PM – Alan Tee entertains us	PM – Movie afternoon	
14	15	16	17	18	19	20
AM – One to one time PM – Gentle exercise	AM – Ollie the dog visits PM – Poem recitals	AM – Garden walks PM - Church service	AM – Morning quiz PM – Sweet or savoury trolley	AM – Seated exercise PM -Sing along	PM – Bingo	
21	22	23	24	25	26	27
AM – One to one time PM - Gentle exercise	AM – Alphabet challenge PM – Skittles	AM – One to one PM – Target game	AM – Morning quiz PM – Donna sings	AM – Seated exercise PM – Tuck shop trolley	PM – Interactive quiz	
28						
AM – One to one time PM – Gentle exercise						