


December 2019


Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2	3	4	5	6	7	8
11.15 Gentle exercise 2.30 Christmas card making 	11am Nursery children visit 2.30 Christmas card writing and posting **	11am Individual time 3.30 Communion 7pm Bingo 	11.15 Quiz 2.00 Massage in the lounge 2.30 Hand sculptures **	11am Christmas tree erecting  1.45 Christmas logs with St. Michaels**	2.30pm Christmas craft workshop	
9	10	11	12	13	14	15
11.15 Gentle exercise 2.30 Hot toddy afternoon	10am Christmas lunch and shopping trip with volunteers**	11am Crosswords 2.30 Hand pamper 7pm Quiz night	11.15 Countdown 2.30 Afternoon at the movies 	11am Gentle exercise 2.30 News review	2.30 Garston Gallopers entertain us	
16	17	18	19	20	21	22
11.15 Gentle Exercise 12.15 Residents forum 2.30pm Carol singing**	11am Mince pie baking 2.30 Cook Road Clangers 	11am Nursery visit to make crackers 3.30 Communion 	11.30 School Choir 2.00 Massage in the rooms 2.30 Favourite poetry	11am Gentle exercise 2.30 News review 6.30 Carols by candlelight ** 	2.30 Old fashioned sweetshop 4.30pm Panto trip**	
23	24	25	26	27	28	29
11.15 Gentle exercise 2.30 Chocolate truffle making	11am Table decorations 6.15pm Aldbourne Band 	11am Gifts & sherry around the tree 2.30 Queens speech 	2.30 Quiz	11am Gentle exercise 2.30 News review 	2.30 Games afternoon	
30	31					
11.15 Gentle exercise 2.30 Silk painting	11am Individual time 7pm Celebrations 					