



December 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3	4
			11.30 Quiz 2.30pm staff/resident activity	11.30 Music & movement 2.30pm School children	2.30pm staff/resident activity	
5	6	7	8	9	10	11
11.30 Christmas Tree dressing day	11.30 Ollie the dog 2pm Alan Tee entertains	10.15 Minibus trip 3pm Church service	11.30 Quiz 2.30pm staff/resident activity	11.30 Music & movement 2.30pm School children		
12	13	14	15	16	17	18
11.30 Gentle Exercise 2.30 Crosswords	11.30 Exploring the internet 2.30 Interactive games	11.30 Christmas photo shoots 2.30 Staff/resident activity	11.30 Music therapy 2.30 Staff/resident activity	11.30 Music & movement 2.30 Donna sings	2.30 Christmas bingo	

December 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
19	20	21	22	23	24	25
11.30 Gentle exercise 2.30 Christmas Picture Quiz	11.30 Ollie the dog 2.30 Hand bells	11.30 Interactive games 3pm Communion 6.30 Carols by Candlelight	11.30 Christmas Quiz 2.30 Hand & Nail pamper	11.30 Music & movement 2.30 Carol singing	6pm Aldbourne Band	11am Sherry & nibbles around the tree 3pm Kings Speech
26	27	28	29	30	31	
11.30- Gentle exercise	11.30 Christmas word puzzle 2.30 Reindeer racing	11.30 Alphabet challenge 2.30 Games	11.30 – Quiz 2.30 Christmas reflections	11.30 Music & movement 2.30 Poetry recitals	5.15pm - See out 2022 with a sparkling Afternoon tea 	

Warmest Christmas wishes to you all from everyone at Aldbourne Nursing Home

